



Home Learning Project – Week 13– Moving on!

Age Range Y6

Learning Project – to be done throughout the week

The project this week is a little different. It's important, as the children near the end of their time in Year 6, that they start to look forward to their new secondary schools. This week's activities will hopefully help to address some of the worries they may have about moving schools, and provide an opportunity to talk about them. There are no maths and English activities this week, just plenty of topics to talk about. Please don't feel obliged to complete them all – pick and choose the ones which are most relevant to you and to your child.

Reflecting on feelings

During their time at secondary school, your child will encounter a variety of different experiences. Ask your child to interview someone about how they coped with some of the changes they faced at secondary school. This could be a family member in their household or a neighbour/relative that has been to secondary school (please ensure that you either use technology or follow social distancing guidelines). Ask your child to consider what questions they could ask e.g. how did you make new friends? What did you do if you got lost? What did you do if you forgot your PE kit/forgot to do your homework?

As your child moves to secondary school, it is important that they consider their hopes and concerns. Using an outline of a face, draw the aspects of secondary life that they are looking forward to e.g. clubs, lessons; what they are nervous about e.g. homework, friends and areas that they have thoughts and questions about e.g. Who will be my teacher? Where will I eat lunch?

This is a perfect opportunity for your child to tell their new school some information about them. Ask your child to write a letter to their secondary school telling them what they are looking forward to, what they are nervous about, what they enjoy doing and something they dislike. Watch [this video](#) to learn how to set out your letter.

Organising yourself

Starting secondary school is a time where organisation and independence can flourish; a good routine is essential for this. Ask your child to plan their morning routine (from waking up to arriving at school) and then plan their evening routine too (from leaving school to going to bed). Remind them to think carefully about how long each activity will take and what times of the day they will be able to complete hobbies such as reading or after school clubs.

What should I take to school? Lots of new and different equipment is needed for secondary school. Create a shopping list with your child which includes all of the equipment they will need; consider specific lessons such as P.E and Food Technology. Use their new school's website for support. Ask your child to draw the everyday items needed. Do they need different equipment on different days? What should they not take with them?

Travelling to and from secondary school requires careful planning and organisation. Talk to your child about how they will get to and from their new school. Will they walk or ride their bicycle? Take the bus? Or travel in the car? Following this, ask your child to plan their journey to school and their journey home from school. What time will they need to leave the house to arrive at school on time? Which route will they take? Will they meet any friends en route? Do they need to take anything with them e.g. a bus pass

or a bicycle helmet? These websites may help: [Google Maps](#), [Think!](#).

As your child begins secondary school, they are likely to have greater freedom over what they choose to eat. Recap with your child what a balanced diet looks like and what a healthy food choice is using [this clip](#) and the NHS eat well [website](#). Ask your child to think about what the school canteen may offer for lunch. Using these ideas, ask them to create a balanced lunch plate which they would want to eat. You may want to ask them to create a 5-day menu to encourage them to eat a varied diet.

Your Network

Your child might be attending a secondary school that none of their friends/peers are attending. Even if they are, they might not be in the same classes or on the same timetable as them. Therefore, they will need to make some new friends. Ask your child to make a top tips poster on the best way to make new friends. Get them to watch this short [video](#) to help them gather some ideas on the best way to make friends or speak to family members about how they made friends when they went to secondary school (this could be parents, older siblings, aunties/uncles etc).

In September, your child will be facing lots of changes and they will need to be reassured that they have people at home that are there to support them. Have a discussion about who they could turn to for help or advice in your household or family. Afterwards, ask them to create a diagram or pyramid of family and friends they would turn to. Get them to think about specific things they would go to particular people for.

Ask your child what online platforms they use; this could be games, social media or websites. Ask them how they know it's safe and what they do online to keep themselves safe. Discuss how social media and technology will come into their lives more as they grow up and how it is really important to use them wisely and what impact this may have at school and in the future. Ask them to create a set of guidelines to make sure that they are safe online.

Individual Qualities

Ask your child to think about what makes them special. What qualities do they possess which they think makes them unique. Ask your child to write down 5 which they think are the most important.

Art can be a great tool for self-exploration and self-expression. Encourage your child to create a piece of artwork which represents their personality. This could be a picture or something more abstract. Once completed, ask your child to discuss their artwork with you. What did they want to represent in this piece? How did they try to show off their personality through their artwork.

Additional learning resources parents may wish to engage with

Please check out the “Additional Resources for Home Learning link on [the school website](#) – new resources are added regularly.

Huge thanks to the Robin Hood Academy Trust for these ideas